

Saving Sea Turtles in Costa Rica – Globe Aware **Sample Itinerary**

Saturday: Day 1:

- Mid-Day: Pick up at Juan Santamaría International Airport.
- Afternoon: Arrive to Playa Bandera Sea Turtles Project. Orientation and settle into accommodations.
- Evening: Welcome dinner and free time. Bonfire at the beach.

Sunday: Day 2:

- Morning: Late breakfast.
- Mid-morning: Explore Bandera Beach & relax at the beach.
- Mid-day: Lunch at Parrita City.
- Afternoon: Free time to explore Parrita.
- Evening: Dinner.

Monday: Day 3:

- Early morning: 5:00 a.m. Turtles arrivals & nests monitoring walk.
- Morning: 8:00 a.m. Breakfast.
- Mid-morning: Beach cleaning.
- Mid-day: Lunch & Free time.
- Afternoon: Making signs, painting trees or new born turtles' liberation. If we have baby turtles.
- Evening: Dinner.

Tuesday: Day 4:

- Early morning: 5:00 a.m. Turtles arrivals & nests monitoring walk.
- Morning: 8:00 a.m. Breakfast.
- Mid-morning: Beach cleaning.
- Mid-day: Lunch & Free time.
- Afternoon: Helping in the local school. Cleaning, painting, doing gardens, fixing things.
- Evening: Dinner.

Wednesday: Day 5:

- Morning: 8:00 a.m. Breakfast.
- Mid-morning: Monkeys & Red Macaws Natural Tours.
- Mid-day: Lunch & Free time.
- Afternoon: Free time.

- Evening: Dinner.

Thursday: Day 6:

- Early morning: 5:00 a.m. Turtles arrivals & nests monitoring walk.
- Morning: 8:00 a.m. Breakfast.
- Mid-morning: Beach cleaning.
- Mid-day: Lunch & Free time.
- Afternoon: Costa Rica Cooking Lesson.
- Evening: Dinner.

Friday: Day 7:

- Early morning: 5:00 a.m. Turtles arrivals & nests monitoring walk.
- Morning: 8:00 a.m. Breakfast.
- Mid-morning: Beach cleaning.
- Mid-day: Lunch & Free time.
- Afternoon: Visit the Coconut Products' Factory and learn the process to make candies, coconut virgin oil, coconut milk, organic coconut fertilizer.
- Evening: Farewell Dinner Party.

Saturday: Day 8:

- Morning: Depart for San José.
- Mid-morning: Arrival to the airport.