

Saving Sea Turtles in Costa Rica – Globe Aware

Sunday: Day 1:

- Morning: Pick up at Juan Santamaría International Airport.
- Afternoon: Arrive at to project site. Settle into accommodations and introduction.
- Evening: Welcome dinner, free time, beach bonfire, weather permitting

Monday: Day 2:

- Morning: Breakfast.
- Mid-morning: Explore the area & start with the planned working itinerary.
- Mid-day: Lunch.
- Afternoon: Free time
- Evening: Dinner.

Tuesday: Day 3:

- Early morning: 5:00 a.m. Turtles arrivals & nests monitoring walk.
- Morning: 8:00 a.m. Breakfast.
- Mid-morning: Beach cleaning.
- Mid-day: Lunch & Free time.
- Afternoon: Making signs, painting trees or newborn turtles' rescue
- Evening: Dinner.

Wednesday: Day 4:

- Early morning: 5:00 a.m. Turtles arrivals & nests monitoring walk.
- Morning: 8:00 a.m. Breakfast.
- Mid-morning: Beach cleaning.
- Mid-day: Lunch & Free time.
- Afternoon: Community help. Cleaning, painting, doing gardens, maintenance & repair to facilities
- Evening: Dinner.

Thursday: Day 5:

- Morning: 8:00 a.m. Breakfast.
- Mid-morning: Sloths and other animals Natural Tour.
- Mid-day: Lunch & Free time.
- Afternoon: Free time or explore Quepos, continue projects as desired
- Evening: Dinner.

Friday: Day 6:

- Early morning: 5:00 a.m. Turtles arrivals & nests monitoring walk.
- Morning: 8:00 a.m. Breakfast.
- Mid-morning: Beach cleaning.
- Mid-day: Lunch & Free time.
- Afternoon: Costa Rica Cooking Lesson.
- Night: Farewell Dinner Party (Only for groups)

Saturday: Day 7:

- Morning: Breakfast
- Mid-morning: Departure to the airport.

*Please be aware that this itinerary may change depending on the weather and the project's needs. A full review of the week's work will be done on the first day.

Important notes:

- As it is a sea turtle project, sometimes the nests & turtles monitoring walks occur at night.
- Volunteers must be very careful with the ocean and tides even if they are expert swimmers.
- Working/helping at a local primary school needs a more modest dress code. No short shorts, tank tops, or very tight clothing.
- Weather conditions at the beach can change schedules and projects.

About the project: The focus of the site is the conservation of sea turtles such as leatherbacks (*Dermochelys coriacea*), green sea turtles (*Chelonia mydas*), olive ridley (*Lepidochelys kempii*), and hawksbill (*Eretmochelys imbricata*) turtles. The site also closely monitors the movement of local sloth populations so volunteers can expect to participate in 4 or 5 "sloth walks" per week. Another important responsibility of the project is the cleaning of the local beach and recycling of bottles and cans. This project is being functioning since 2000-2001 and is located not far from Manuel Antonio, Quepos.