

BHUTAN TOUR ITINERARY

6 NIGHTS & 7 DAYS

DAY 1: ARRIVAL IN PARO - THIMPU

Receive at the airport by our Bhutan representative
Drive to Thimphu check-in the hotel

12pm-1pm: Lunch at the local restaurant

2pm-4pm: Visit Farmers Market, walk around the town/capital city of Bhutan

4pm-5pm: Attend the evening prayer at the Zilukha Nunnery

7pm-9pm: Dinner at hotel

DAY 2: THIMPHU SIGHTSEEING

Breakfast: 7am-8:30am

9am-10am: Drive to the Biggest Buddha Dordenma statue

10am-12pm: Drive to the Takin preserve centre and hike to Druk Wangditse Lhakhang Temple

12:30pm-1:30pm: Lunch break

2pm-3pm: Visit paper factory and experience traditional hand-made paper making

3:30pm-5pm: Visit Royal Textile Museum, Aum Karma at Weaving Centre

7pm-9pm: Dinner at a local home with a Cooking Bhutanese Food Class

DAY 3: THIMPU TO PUNAKHA

Breakfast: 7am-8:30am

9am: Drive to Dochula Pass (3150m)

9:30am-10am: Reach Dochula Pass, take photos around and visit the Meditation Caves. Do short meditations, use the bathroom, have a tea or coffee break

10:30am-12pm: Drive to Punakha and have lunch at the local restaurant

1pm-2pm: Visit Chimi Lhakhang Temple of Fertility, meet locals and have tea

2:30pm-4pm: Visit Punakha Dzong

4-5pm: Drive to your hotel for check-in

5:30-6pm: Walk through the nature nearby your hotel enjoying the view

7pm-9pm: Dinner at hotel

DAY 4: PUNAKHA - FULL DAY VOLUNTEERING

Breakfast: 7:30am-8:30am

8:30am to 9am: Drive to project site for volunteering work

9am-12:30pm: Home building/Temple renovations

12:30pm-1:00pm: Packed lunch at work site

1pm-2pm: Continue home building/Temple renovations

2pm-3pm: Clean up work site, and put tools away

3:30pm-4pm: Take a break with the locals for tea and snacks

4pm-5pm: Visit Nalanda Monastery or Sangchen Dorji Lhundrup Buddhist Nuns college

5pm-5:30pm: Drive to the longest suspension bridge

7pm-9pm: Dinner at hotel

DAY 5: PUNAKHA TO PARO & HALF-DAY VOLUNTEERING

Breakfast: 7am-8:30am

9am: Drive back to Paro

10am-12am: Visit Drakarpo Monastery, cook lunch for the monks and eat with them at the monastery

1:30pm-4pm: Volunteer at Nakulu Dog Shelter, assist with shelter renovations

4pm: Continue drive to Paro, visit Tamchu Monastery and the iron chain bridge

4:30pm-5:30pm: Scroll through Paro town, time for shopping

6pm: Check-in hotel

7pm-9pm: Dinner at hotel

DAY 6: PARO - TIGER NEST

Breakfast: 6am-7am

7am-7:30am: Drive to the base of Tiger Nest to begin the hike

1pm-2pm: Lunch at the cafeteria or lunch at the local farm house

4pm-5pm: Check-in the hotel and take a rest

6pm-7:30pm: Farewell dinner at the local farm house with hot stone bath

DAY 7: DEPARTURE

Breakfast

Airport drop-off