

Day 1

Arrive at Paro International Airport
(Depending on flight arrival times)

Transfer to Thimphu, 1.5 hour

An evening stroll down Thimphu's main district center (optional), 1 hour

Welcome dinner at the hotel; Overnight: Thimphu

Day 2

8:30 am Leave hotel for Kuenselphodrang

9:00-10:00 Visit Worlds Largest Buddah's Statue

10:00-10:30 Drive to Takin Trail

10:30-11:30 Hike the ancient Takin trail (30 mins)

11:30-11:45 Drive to town for lunch

12:00-1:30 Lunch at local favorite restaurant

1:30-2:00 Drive to Bhutan Post Museum

2:00-3:00 Bhutan Post Museum Visit

3:00-7:00 Free time

7:00 Dinner Overnight:, Thimphu

Day 3

9:00-11:00 Hike to Tango Monastery

12:00-1:30 Lunch at local favorite restaurant

2:30-4:30 Transfer to Punakha after lunch

Stop at Dochula Pass

4:30-7:00 Free time

7:00 Dinner at hotel; Overnight: Punakha

Day 4

8:30-9:00 Transfer to Visit Punakha Dzong

9:00-10:00 Punakha Dzong

10:00-10:30 Walk the longest suspension bridge

10:30-11:00 Transfer to Aum Karma's family home

11:00-1:00 Lunch at Aum Karma's Family Home

1:00-2:30 Gentle river rafting the Mo Chhu

3:00-7:00 Free time

7:00 Dinner ; Overnight: Punakha

Day 5

10:00-1:00 Transfer back to Paro, 3 hours

1:00-2:30 Lunch

2:30-7:00 Free Time

7:00 Dinner at hotel; Overnight: Tenz. Resort, Paro

Day 6

7:00-7:30 Leave hotel to Tiger's Nest Base

7:30-10:30 Hike to Tiger's Nest

10:30-11:30 Enter the sacred cave underneath the monastery

1:30-2:30 Lunch at the viewpoint

4:00-4:30 Drive to Paro Town

4:30-5:30 Visit Paro Town- Kaja Throm ([article about Kaja Throm](#))

7:00 Dinner at a family farm home ;Overnight: Tenz. Resort, Paro

Day 7

Breakfast at Hotel; Transfer to airport

***PLEASE NOTE THAT TIMES AND DAYS FOR THESE ACTIVITIES MENTIONED CAN BE SUBJECT TO CHANGE. PROJECT WORK DEPENDS ON THE NUMBER OF VOLUNTEERS, PROJECT AVAILABILITY, WEATHER, PREVIOUS PROGRESS.**

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